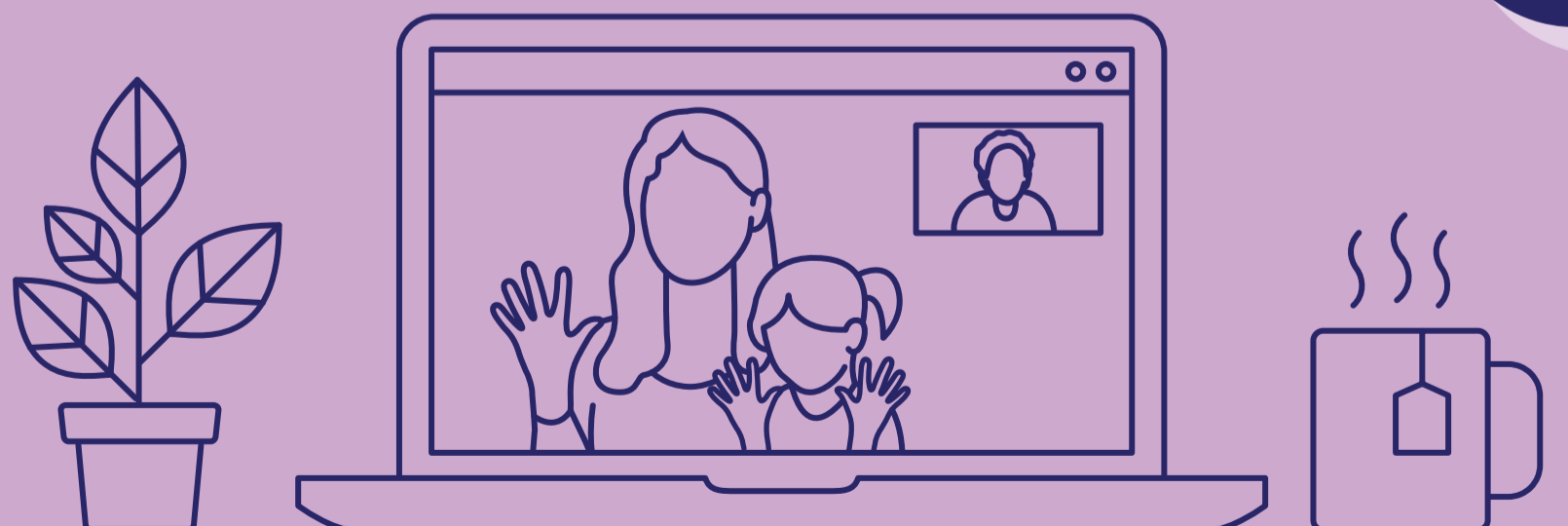# CARING FOR OLDER AUSTRALIANS.

Together we can support older Australians through the coronavirus. Here are some tips:

- Keep in regular contact
- Set them up to use technology, then plan a regular time to connect
- Cook a meal and leave it at their front door
- Offer to run errands
- Drop a note in their mailbox
- Have a chat over the fence

For the latest advice regarding
Coronavirus (COVID-19)
visit **australia.gov.au**

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Help **STOP** the **SPREAD** AND STAY HEALTHY

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